Proficiency Based Education in FLS, FES And Robotic Surgery

A Dedicated 2 Week Curriculum for Junior Surgery Residents

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INTRODUCTION

- Deliberate learning to attain proficiency is an essential component of surgical residency training and simulation provides a safe environment for such training
- 2. Time constraints placed on the residents often make such training difficult
- 3. Training also needs to be structured and resident focused.
- 4. We designed a 2 week curriculum for simulation training of PGY2 residents
- This involved proficiency based training in laparoscopic, endoscopic and robotic surgery skills.

METHODS

- 1. 9 PGY2 residents went through the rotation
- 2. Personalized objectives identified at the beginning of the rotation.
- The two weeks was equally divided for training in laparoscopic and endoscopic surgery with 2 days of robotic surgery training.
- 4. Laparoscopic
 - a. Didactics FLS and faculty mentoring
 - b. Practice on the Simbionix Lap mentor
 - c. Practice in the FLS box with a dedicated faculty mentor
- 5. Endoscopic
 - a. Didactics: FES and faculty mentoring
 - b. Practice on the GI mentor and Immersion Accutouch had to complete at least 60 cases with 90 possible cases.
 - c. Practice on physical upper and lower GI models with dedicated faculty mentor.
- 6. Robotic
 - a. Didactics: Davincisurgerrycommunity.com
 - b. Fundamentals of robotic surgery based curriculum.
 - c. Practice with MIMIC, DVSS backpack and Turkey tissue models.

RESULTS

- 1. All residents passed the FLS exam after the course
- All residents went on to do a 2 week clinical endoscopy rotation. They were evaluated using GAGES by faculty.
- 3. All residents passed the FES exam.
- Residents were evaluated by faculty using GEARS and by the proficiency bench marks set for FRS tasks during robotic training.

CONCLUSION

- Individualized, customizable curriculum with dedicated faculty mentoring was well received by both the faculty and residents.
- Absence of clinical duties during this time helped both the faculty and residents to focus on skills training.
- 3. Such curriculum was well timed to help PGY3 clinical and operative requirements.